

The Competencies Chart



The Physiotherapy Board of New Zealand

Competencies	Components												
1 Analyse and discuss the biomedical, behavioural and social science bases of physiotherapy and integrate the bases into practice	1.1 Analyse normal and abnormal patterns of human development and movement	1.2 Analyse normal human structure and function through the life span	1.3 Explain pathological processes relevant to physiotherapy practice	1.4 Explain the pathophysiological bases for physiotherapy practice	1.5 Explain the indications for physiotherapy practice	1.6 Explain the principles and practices of physiotherapy as they relate to health care	1.7 Describe medical, surgical and psychosocial management relevant to physiotherapy practice	1.8 Evaluate the significance of healthy lifestyles for patients/clients	1.9 Explain the bases of cultural perspectives in physiotherapy practice				
2 Assess, analyse, and plan physiotherapy management	2.1 Adhere to legal and ethical requirements	2.2 Obtain consent	2.3 Ensure patient/client and practitioner safety at all times	2.4 Obtain a comprehensive history	2.5 Conduct a comprehensive physiotherapy assessment and examination	2.6 Select, analyse and interpret relevant information	2.7 Demonstrate clinical reasoning	2.8 Explain assessment findings to the patient/client	2.9 Develop treatment goals	2.10 Formulate and discuss the treatment plan	2.11 Record assessment findings accurately and legibly	2.12 Demonstrate assessment and planning that is responsive to the health needs of all cultures and peoples within New Zealand	
3 Apply and evaluate physiotherapy management	3.1 Demonstrate safe, effective and efficient interventions	3.2 Evaluate treatment outcomes	3.3 Use outcome measures	3.4 Modify ongoing management	3.5 Record treatment and outcomes accurately	3.6 Evaluate the need for ongoing physiotherapy management	3.7 Assist the patient/client to understand and manage his or her own health needs	3.8 Demonstrate interventions that are responsive to the health needs of all cultures and peoples within New Zealand	3.9 Refer to other health professionals and services as appropriate	3.10 Contribute to the relevant health care teams			
4 Communicate effectively	4.1 Understand methods of communication	4.2 Demonstrate skill in communication	4.3 Use appropriate methods of communication	4.4 Listen to and interpret appropriately communications of the patient/client and their significant others	4.5 Recognise cultural and linguistic diversity								
5 Apply educational principles to physiotherapy practice	5.1 Identify and understand teaching and learning principles	5.2 Select teaching resources appropriate to the patient/client and the environment	5.3 Plan and implement education appropriate to the patient/client	5.4 Evaluate outcomes of the education and modify management as appropriate	5.5 Apply and adapt education to the needs of the cultures and peoples within New Zealand								
6 Apply management principles relevant to physiotherapy practice	6.1 Discuss the principles of organisational management in health care	6.2 Understand the principles of continuous quality improvement	6.3 Contribute to the relevant health care teams	6.4 Recognise the principles of delegation and supervision	6.5 Maintain accurate and relevant documentation	6.6 Comply with accepted standards for safe storage, retrieval, transport and destruction of information	6.7 Demonstrate effective time management	6.8 Demonstrate an understanding of the legal and ethical requirements for professional practice	6.9 Discuss the implications of the Treaty of Waitangi with respect to health care delivery				
7 Apply evidence informed learning to physiotherapy practice	7.1 Demonstrate the ability to search and retrieve scientific literature	7.2 Demonstrate an understanding of research methods	7.3 Demonstrate the ability to critically analyse scientific literature	7.4 Report findings of critical analysis in a scientific format	7.5 Integrate the current literature into physiotherapy practice	7.6 Explain the evidence for the selected physiotherapy management							
8 Demonstrate professional practice	8.1 Demonstrate professional behaviour	8.2 Demonstrate safe practice	8.3 Plan and show evidence of professional development										
9 Demonstrate autonomous physiotherapy practice consistent with an entry level physiotherapist	9.1 Adhere to legal requirements	9.2 Adhere to relevant practice standards and ethical conduct	9.3 Demonstrate accountability to the public and profession	9.4 Demonstrate autonomous practice as an entry level physiotherapist encompassing cardiovascular/pulmonary, neurology and musculoskeletal bases of physiotherapy management									

Components

In order to gain registration as a physiotherapist in New Zealand, applicants must demonstrate that they meet each of the nine competencies established by the Board as the standard to practise autonomously as an entry level physiotherapist. Content, learning experiences and clinical education experiences that encompass the three core physiotherapy bases of cardiovascular/pulmonary; musculoskeletal; and neurology must be integrated throughout the curriculum.